

EMCOMM GO BAG CHECKLIST

- Non-perishable / dried food
- Energy bars and snacks
- Eating utensils / mess kit (if needed)
- Water bottles (kept full)
- Water containers (filled before departure)
- First aid kit
- Personal medications and prescriptions (up to one week)
- Personal hygiene items
 - Toothbrush / toothpaste
 - Soap / shampoo
 - Razor
 - Comb
 - Deodorant
 - Toilet paper
 - Sunscreen
 - Insect repellent
- Eyeglasses / contact supplies
- Seasonal clothing
- Sturdy shoes
- Foul weather gear
- Warm coat / jacket
- Hat(s)
- Rain gear
- Sleeping bag
- Closed-cell foam pad or air mattress
- Pillow
- Ear plugs
- Sleeping mask
- Cell phone charger
- Alternate power source for cell phone
- Flashlight or headlamp
- Battery-powered or hand-crank FM radio
- Extra batteries
- Cash (small bills)
- Photo ID
 - Driver's license copy
 - Passport copy
- Emergency phone number list
- Copies of important personal records
- Maps of local area

- Multi-tool or knife
 - Duct tape
 - Repair tools / supplies
 - Notepad / Pens / pencils
 - 24-hour clock
 - GPS
 - Handheld radio(s) (region-appropriate)
 - Radio programming guide / manual
 - Adapters
 - Antennas
 - Radio tools
 - License copy
 - Training certificates / credentials
 - ICS-213 Message Forms
 - ICS-214 Activity Logs
 - ARES Field Resources Manual
 - AUXFOG
 - NIFOG
 - Iowa Field Operations Guide (IFOG)
 - List of repeater networks (IRC)
 - Tactical Interoperable Communications Plan (TICP)
 - Statewide Communications Interoperability Plan (SCIP)
 - Contact / capability / availability info for comms teams
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Considerations

- Backpack / duffel / storage tote
- Zip-lock bags or small containers for items
- All items labeled
- Inventory list included
- Paint stir sticks or placeholders for removed items
- A 24-hour Go Bag is the minimum expectation
- A 72-hour Go Bag expands mostly by adding consumables
- Plan for heat, cold, wet, dry, power or no power scenarios
- Kits should be ready to deploy at a moment's notice